



First Aid

The aim of the course is to:

To train selected candidates to the required standard in the duties of an Emergency First Aider.

The Objectives of the Course are to enable delegates to:

Enable the Emergency First Aider to render the initial help necessary to give casualty treatment for sudden injury or illness, until more professional help arrives.

Who do we recommend attends the Course?

Personnel selected to be fully qualified first aiders.

Course summary:

Candidates will participate in theory and practical exercises covering:

- Principles of First Aid
- Resuscitation
- Bandaging
- Asphyxia
- CPR
- Control of bleeding
- Circulatory failure
- Fractures
- Spinal injuries
- Dealing with the unconscious casualty
- Epilepsy
- Diabetes
- Hysteria
- Eye irrigation
- Burns and scalds
- Poisons

Course Duration - 3 days

Certification - Certificate of Completion