



## First Aid - Emergency

### **Emergency first aid at work training course**

This one-day course will help you meet your regulatory requirements if your risk assessment indicates that first aid training covering emergency protocols only, is sufficient for your workplace

### **Who should attend?**

This course is designed for people who want to receive training in emergency first aid and is especially suited for nominated first aiders in smaller, low risk working environments.

### **What you will learn?**

**The content of this course provides basic lifesaving first aid and workplace health and safety regulations, covering the following:**

- The role of the first aider
- Fainting
- Managing an emergency
- Health and safety (first aid) regulations
- Communication and casualty care
- Resuscitation (adult CPR)
- Bleeding (minor and severe)
- Seizures (adult)
- Burns
- Shock
- Choking (adult)
- Unconscious casualty

**Course Duration:** One day

**Certification:** Accredited 3 year Certificate