



## Safety Harness & Leading-Edge Training

### **The aim of the course is:**

Designed to educate the delegate on the range of harnesses, set up and associated tools relating to working at height on an adjustable lanyard or horizontal safety line.

### **Course Objectives:**

By the end of the course the delegate will be able to:

- Conduct the relevant safety checks for each piece of equipment in line with the relevant guidelines.
- Dismantle and set up a horizontal safety line.
- Select the appropriate fall protection equipment for the task they are conducting.
- Choose the correct length of line for their adjustable lanyard.
- Use a range of anchor systems and communal fall arrest blocks.

### **Course Summary:**

- Fall Arrest Lanyards
- Personal fall arrest blocks
- Full body fall harnesses
- Fixed lanyards
- Restraint lanyards
- Adjustable lanyards

**Course Duration:** ½ Day

**Certification:** Inhouse STS Certification