



## Harness Use & Inspection

(STS - Inhouse or IPAF Accredited)

### The aim of the course is:

To provide training in the safe use and inspection of (PFPE) Personal Fall Protective Equipment (harnesses, inertia reels and ancillary equipment) includes the planning, organising and the need for the effective control of work at heights. Also includes legislation and responsibilities of those involved

### The objectives of the course are to:

- Provide information on the correct methods of inspecting and the fitting of harnesses
- Provide knowledge and understanding of working to a safe systems of work

### Course summary:

- Legislation – Work at Heights Regulations 2005 (WAH)
- Common factors with falls from height
- Competency requirements
- Planning work at heights
- Risk assessments
- Selection of work equipment
- Safe use and inspections of equipment
- Anchor points
- Safe working practices
- Rescue procedures
- Suspension trauma

**Course Duration** – ½ Day

**Certification** – STS Certification

**IPAF Certification** – Successful candidates will receive the IPAF Harness use & inspection qualification and an IPAF certificate of training for this. These will both be accessible via the IPAF ePAL app, available on Android and iOS smartphones, which also includes a logbook and safety information.