



Emergency First Aid at Work

(Inhouse or NUCO Accredited)

Overview

The Emergency First Aid at Work course is a 1-day course that covers many emergencies in the workplace giving learners a basic understanding of first aid.

The course is highly-interactive and gives delegates the hands-on experience to successfully deliver emergency first-aid at their place of work.

Course Contents

- Role and responsibilities of the first aider
- Assess an emergency situation safely
- Provide first aid for a casualty who is unresponsive and breathing normally
- Provide first aid for a casualty who is suffering a seizure
- Provide first aid for a casualty who is unresponsive and not breathing normally
- Be able to place AED pads correctly
- Understand how to provide first aid to a casualty who is suffering from shock
- Provide first aid to a casualty with external bleeding
- Manage a casualty with a minor injury
- Recognise a casualty who is choking
- Manage a casualty with minor burns and scalds

Course Duration: 1 Day

Certification: STS Certification or NUCO Accredited SCQF Level 6 Certification