



(SMSTS)

## Site Managers Safety Training Scheme

### The aim of the course is to:

- Instruct site managers and supervisors to:
- Develop their knowledge of H&S.
- Understand their legal duties.
- Satisfy legislative requirements.
- Make sites a safe working environment

### The objectives of the course are to enable delegates to:

- Recognise that a safe site is: Efficient, Economical and Productive
- Demonstrate their skills to contractors and clients
- Identify and avoid potential hazards on site
- Prepare method statements, risk assessments and other statutory requirements of the Health and Safety at Work Act
- It trains each individual in the essential points of Health and Safety and shows them how to measure Health and Safety performance on their own site
- The interactive method of delivery of the course allows for discussion of the subject areas together with the development of risk assessments, methods statements and health and safety plans for construction activities

### Who do we recommend attends the course?

Site supervisors with minimum 3 years' experience, site managers, project managers and contracts managers

### Course summary:

Candidates will participate in theory and practical exercises / demonstrations covering:

- Health and Safety at Work Act 1974
- Construction (Health, Safety and Welfare) Regulations 1996
- Management of Health and Safety at Work Regulations 1999
- Provision and Use of Work Equipment Regulations 1998
- Personal Protective Equipment Regulations 2002
- Working at Height Regulations 2005
- Manual Handling Operations Regulations 1992
- Practical exercises / project
- CDM 2015
- Confined spaces
- Asbestos
- Working At Height

**Course Duration - 5 Days**

**Certification:** CITB Site Safety Plus Certificate

**Certification for this course is valid for 5 years.**